## **Target Participants**

We welcome 25 overseas students with a multidisciplinary background and a genuine passion for learning about Jamu.

#### **Program Fee**

Registration	Payment	Due Date
Regular	*500 USD	August 20, 2019

Includes

- All teaching including lectorials and workshops
- Accommodation, breakfast, and lunch every day
- All cultural activities in Yogyakarta and further afield

Excludes flights, medical insurance, and discretionary expenses

\*cancellation terms and conditions apply

## Credit

Active participation in the full program is equivalent to 3 credits



## Apply Now!

https://summercourse.farmasi.ugm.ac.id

# **Further Information**

Please contact us at uui.farmasi@ugm.ac.id



### The 2019 UGM **Summer Course on Translating** Jamu, Indonesian Herbal Medicine: from Ancient Knowledge to **Evidence-based Medicine**



**Faculty of Pharmacy** Universitas Gadjah Mada 2019



## **Program Schedule**

Admission Enrollment : Jun 28, 2019 - Aug 20, 2019 : Sep 1-14, 2019

### Venue

The summer course is mainly based at Faculty of Pharmacy UGM and educational excursions, including visits to Center of Medicinal Plants and Traditional Medicines Research and Development, Herbal Extractor, Pharmaceutical Industries, Herbal Small-Medium Enterprises, Herbal Village, and some cultural sites.

#### **Course Outcomes**

Students are expected to understand:

- Jamu as representation of Indonesian wealth of cultural and natural resources
- The ingredients and preparation of Jamu
- Jamu based-therapy and its role as part of Complementary and Alternative Medicine
- The scientific stages needed to provide scientific proof of Jamu in order to deliver Jamu as evidence based-medicine
- The government regulation and development of Jamu industries.



## **Course Description**

In this course, the students will recognize Jamu as the original Indonesian herbal medicine and learn and practice the production of Jamu traditionally in the community. The participants will also learn the industry-scale production of Jamu in a prominent Jamu factory. The main topics are:

- The philosophy of Jamu
- Indonesian and Javanese culture in correlation to Jamu
- Indonesian biodiversity and Jamu application in daily life
- Jamu as modern and scientific-based medicine
- The Good Agricultural and Collection practice aspects of Jamu
- The production of extracts for Jamu formulation
- Herbal medicine as an alternative and complementary medicine



## Jamu Summer Course 2019

Universitas Gadjah Mada Faculty of Pharmacy <u>http://summercourse.farmasi.ugm.ac.id</u>

#### Program draft | Yogyakarta, September 1-14, 2019

#### 1<sup>st</sup> Week

Time	Sept 1/ Sun	Sept 2/ Mon	Sept 3/ Tue	Sept 4/ Wed	Sept 5/ Thu	Sept 6/ Fri	Sept 7/ Sat
08.00-09.00	Arrival	Registration	Lecture: the	Lecture:	Briefing	Briefing	Briefing
09.00-10.00		Opening and	Development of	Indonesian Herbal	Workshop at SME:	Workshop at SME:	Fieldtrip to
		welcoming	Jamu from	Cosmetics and	Saptosari	Ginggang	Beringhardjo
10.00-11.00		Program overview Pre-test	traditional to industry	Nutraceuticals			Market: Jamu raw material supply
12.00-13.00		Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
13.00-14.00		Lecture:	Practical work:	Practical work:	Workshop at SME:	Workshop at SME:	Group discussion
14.00-15.00	Accommodation	Introduction to	Jamu analysis	Cosmetics	Cendani	Sekar Jawi	
15.00-16.00	check-in	Jamu and					
		discussion					
16.00-17.00		Grouping					
17.00-18.00	Informal welcome	Self-study	Self-study	Self-study	Self-study	Self-study	Self-study
18.00-19.00	dinner						
19.00-20.00							
20.00-21.00							



## Jamu Summer Course 2019

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#### 2<sup>nd</sup> Week

Time	Sept 8/ Sun	Sept 9/ Mon	Sept 10/ Tue	Sept 11/ Wed	Sept 12/ Thu	Sept 13/ Fri	Sept 14/ Sat
08.00-09.00	Visit Gedung	Fieldtrip to PT	Visit Grojogan		Visit Borobudur	Cultural Activities:	Accommodation
09.00-10.00	Agung	Java Plant Herbal	Sewu Waterfall	Group discussion	temple	Traditional dance,	check-out
10.00-11.00		Extractor	Accommodation	Group		batik, traditional	
			check-out	presentations		instruments,	
11.00-12.00	Visit Sultan Palace		Fieldtrip to PT			traditional paddy	
12.00-13.00		Fieldtrip to Centre	Konimex	Lunch Break	Lunch break	planting, and	Departure
13.00-14.00	Lunch break	for Research and		Group	Visit Candi	Javanese	
14.00-15.00	Individual	Development of		presentations	Sambisari	thanksgiving	
15.00-16.00		Medicinal Plants		Post-test	Visit Candi Ijo/	Closing, certificate	
		and Traditional			Tebing Brexi	awarding, and	
		Medicine				feedback	
16.00-17.00		Accommodation					
		check-in					
17.00-18.00		Self-study	Self-study	Self-study			
18.00-19.00					Individual	Individual	
19.00-20.00							
20.00-21.00							